Prep Fact Sheet

TAKEN DAILY, Prep IS AN ADDITIONAL PREVENTION





prevent infection PrEP is a new, safe, HIV prevention method for HIV-negative people

to reduce the risk of

ophylaxis-> a medicine to

When used consistently and as prescribed, PrEP has been shown to reduce the risk of HIV infection becoming infected. PrEP by more than 90% among pills need to be taken daily people at high risk for HIV and help to prevent HIV. infection.

What is the difference between PrEP, PEP, and ART?

All three contain antiretroviral medicines in different combination for different purposes:

- PrEP is a pill that has 2 anti-HIV medicines taken daily to prevent HIV for HIV-negative people
- **PEP** is taken within 72 hours after exposure to HIV (eg after rape) for 28 days to prevent HIV
- **ART** is a 3-medicine treatment for HIV-positive people to reduce the levels of HIV in a person's body



PrEP is another option for prevention. Prevention options include:

- Condoms
- PrEP
- Counselling
- PEP
- · Healthy lifestyles
- Treatment for STIs
- Male medical circumcision
- · ART for partners living with HIV

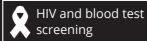
EP is only for people who are HIV-negative.

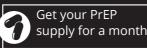
PrEP is recommended for people at high risk for HIV infection.



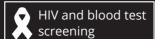
Starting PrEP







One month visit:



Get your 3-month presription and collect your pills every month

Monthly visit:



Use your prescription to collect your pills every month at your clinic

Every three months:



Every 3 months, you return for an HIV test and a new 3-month prescription for PrEP Taking a pill every day for ongoing protection from HIV might not be for everybody, but PrEP is an excellent and much-needed extra prevention method for people at high risk of getting HIV.

PrEP requires **strict adherence to daily medication** and regular HIV
testing. Where possible, it
should be used together with
other HIV prevention methods.
If it is used properly, PrEP
will play a role in helping to
reduce the number of new HIV
infections in South Africa.

Where can I get PrEP?

Currently in South Africa PrEP is being provided through a limited number of service delivery sites. If you feel you are at risk of getting HIV, and want to find out more about PrEP, please visit or call:

Prep Does:

Reduce your risk of HIV infection, by 90%, if taken daily and correctly

Prep DOES NOT:

- Prevent other STIs
- Prevent pregnancy
- Protect you from HIV after exposure, PrEP reduces your risk before exposure

Acknowledgment: Information adapted from: https://www.cdc.gov/hiv/pdf/prep_gl_patient_factsheet_prep_english.pdf), prepfacts.org and Mia Malan April 2016 - http://bhekisisa.org/article/2016-04-21-what-you-need-to-know-about-prep).