



PrEP Learning Network:

PrEP Integration: Including PrEP with Family Planning Services

October 24, 2019



OPENING

OVERVIEW OF INTEGRATING PrEP WITH FP/SRH

POWER STUDY IN KENYA

INTEGRATING FP AND ORAL PrEP IN ZIMBABWE

Q&A ON ORAL PrEP INTEGRATION WITH FP / SRH

WHAT'S NEXT WITH THE LEARNING NETWORK



Today's discussion: PrEP Integration

Robyn Eakle, Senior Advisor Biomedical Prevention, USAID

Jennifer Mason, Senior Advisor for FP/HIV Integration, Office of Populations and Reproductive Health, USAID

Josephine Odoyo, Study Coordinator, Kenya Medical Research Institute

Getrude Ncube, HIV Prevention Coordinator, Ministry of Health and Child Care, Zimbabwe

Today we will explore PrEP Integration through the lens of:

- Provide overview of considerations for integrating oral PrEP into FP / SRH settings
- Share examples of studies and real world implementation that have successfully integrated oral PrEP in other health settings
- Share best practices to support integration of oral PrEP
- Discuss policymaker perspectives and what needs to happen at a national level to successfully integrate oral PrEP



Use the “Chat” feature to ask questions!

There is dedicated Q&A two times during our webinar – please feel free to ask questions during this time or type your questions into the chat box at any point during the presentations



Make sure to share your chat with “Everyone” not just panelists.



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Addressing Challenges & Achieving Success: Integrating PrEP and FP services

USAID Office of HIV/AIDS
PrEP Virtual Learning Network
October 24, 2019

Why Integrate?



Need

- ECHO trials showed high HIV/STI incidence among AGYW
- High unmet need for FP among AGYW

Demand

- FP may be preferred entry point for HIV services - DREAMS
- AGYW clients reported wanting to pair FP and PrEP clinic visits
- Potential for increased uptake of FP & HIV prevention services

Win-Win

- Potential to improve overall reproductive health counseling and adherence/reduce discontinuation of both contraception & PrEP
- Opportunity to reach AGYW through innovative platforms, leverage and multiple demand creation efforts, and reposition AGYW reproductive health services
- Reduce stigma and increase notion of female empowerment

PrEP and FP in USAID - two priority technical areas

PrEP

- USAID has increased PrEP_NEW targets 99% from COP18 to COP19; achievement and programming continues to grow
- Still huge deficits in PrEP knowledge and awareness among potential end-users, the larger community, and providers
- Opportunities to increase awareness and meet demand can be found through service delivery integration - one example PrEP/FP
- Offering PrEP through FP outlets has been a major finding of PrEP preference research - e.g. demanded by women
- Not a magic bullet - there are lots of opportunities to expand PrEP, this is an important one but not the only one



FP

- USAID is lead USG agency for FP and largest global donor for FP technical assistance and contraceptives.
- USAID/PRH priority- all women have access to high quality voluntary FP services with focus on women that are underserved-AGYW.
- 21% of women in sub-Saharan African have unmet need for FP- higher among AGYW.
- Extensive tools, resources exist to help guide FP/HIV integrated programming.



FP and PrEP Programming Considerations



- FP focus on voluntarism
- Pre-screening and education
- Record keeping & PEPFAR reporting
- Follow-up / Adherence Monitoring
- Commodity Management
- Revisits
- Referrals

Service Delivery Integration Opportunities: PrEP and FP

- **Near-term:**
 - Support differentiated models (internal/external referrals, integration in FP mobile services, daily PrEP services offered by FP providers on site, secunded FP provider model)
 - Bi-directional/cross demand creation
 - Co-dispensing of FP and PrEP products at FP service delivery sites
 - Design interventions with plan to monitor quality and outcomes
- **Medium-term:**
 - Build capacity of FP and PreP providers to offer dual services (risk assessments, counseling, data collection, job aids, referrals)
 - Integrate PrEP screening into HIV risk assessments implemented by FP providers

Service Delivery Integration Opportunities: PrEP and FP

- **Medium-term:**

- Adapt existing FP and HIV data collection, LMIS and HMIS tools to ensure that PrEP services within FP platforms are documented and reported
 - Develop/implement tools and procedures for tracking PrEP data and conducting client adherence monitoring through FP sites
- Provide TA to HIV and FP units in host governments to ensure national guidance and SOPs on PrEP are designed with a women centered approach, including integrating access to voluntary FP.
- Determine feasibility of co-dispensing PrEP and FP products.
 - Co-packaging of both products by manufacturers of national / regional level
 - Co-kitting products at delivery site or regional/district warehouse

Service Delivery Integration Opportunities: PrEP and FP

- **Longer-term:**
 - Monitor quality of PrEP and FP services over time, make adjustments to improve outcomes, client surveys (ongoing)
 - Plan for scale up of PrEP/FP Integration
 - Identify long term objectives of each service and integrated services
 - What resources are needed in FP sites to support PrEP scale up?
 - Will women who continue PrEP use but don't need FP services continue to access PrEP through FP sites?
 - Pilot new HIV and FP/HIV prevention tools
 - Multi-purpose technologies
 - PrEP and FP drug co-formulation

Don't forget the Family Planning part of PrEP/FP!

- PEPFAR funds can be used to support FP activities linked to HIV outcomes
 - Provider trainings, development of materials, TA, supply chain support, quality assurance monitoring, data collection, reporting and purchase of equipment needed for FP services.
 - PEPFAR funding cannot be used to procure contraceptives
- PrEP/FP integration should benefit both PrEP and FP services and outcomes
- Leverage and collaborate with existing FP platforms and activities
 - Collaborate with MOH FP activities and counterparts at service delivery, district, regional and national levels to ensure buy in, coordinated services and quality assurance.
 - Collaborate with and leverage USAID supported FP efforts, where possible.
- Questions? Contact: Jennifer Mason (jmason@usaid.gov) and Nithya Mani (nmani@usaid.gov)

References

- Mugwanya, K., Pintye, J., Kinuthia, J., Abuna, F., Lagat, H., Begnel, E., Dettinger, J., John-Stewart, G., & Baeten, J. (2019). Integrating pre-exposure prophylaxis delivery in routine family planning clinics: A feasibility programmatic evaluation in Kenya. *PLoS Med*, 3;16(9), e1002885. Doi: 10.1371/journal.pmed.1002885
- Wheelock, A., Eisingerich, A. B., Gomez, G. B., Gray, E., Dybul, M. R., & Piot, P. (2012). Views of policymakers, healthcare workers and NGOs on HIV pre-exposure prophylaxis (PrEP): a multinational qualitative study. *BMJ Open*, 2(4), e001234. Doi: 10.1136/bmjopen02012-001234

Acknowledgements

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Prevention Options for Women Evaluation Research

Integration of PrEP Delivery into Family Planning Clinics in in Kisumu, Kenya

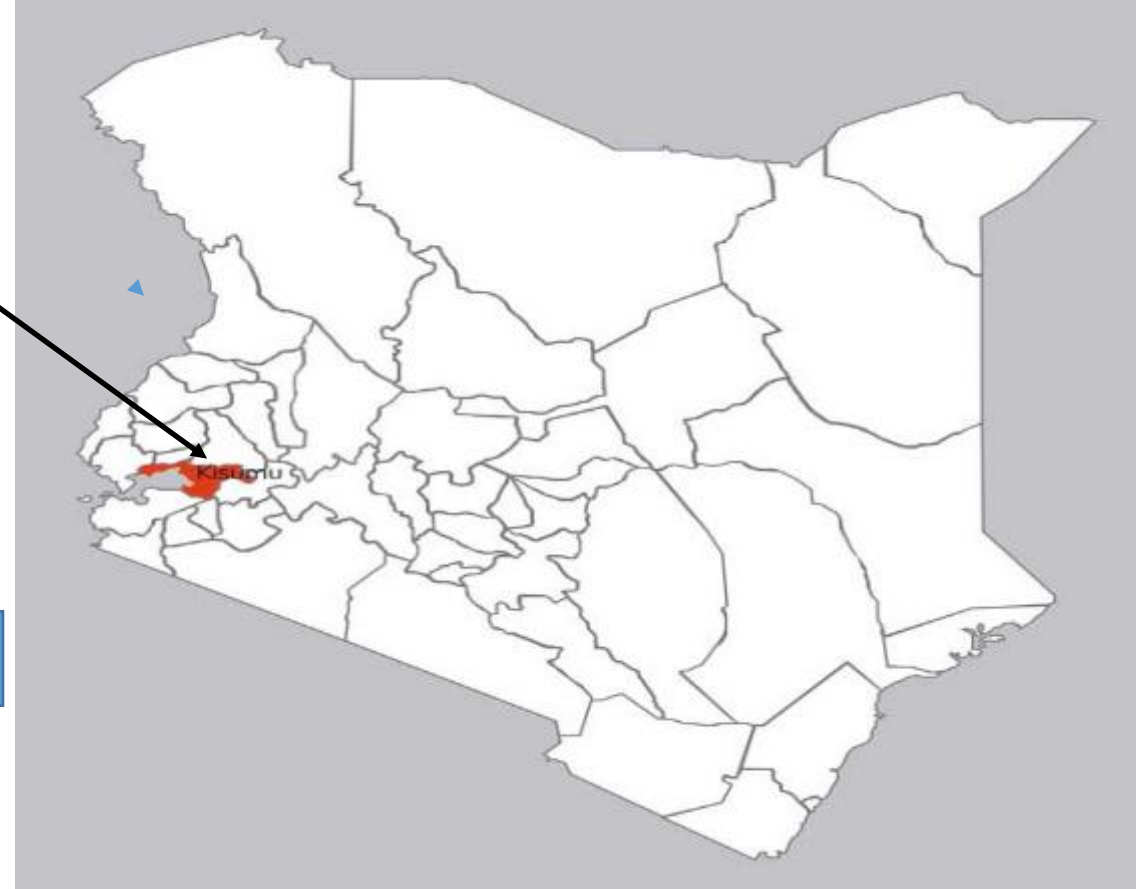
Who we are / where we work

Oral PrEP implementation science research evaluating PrEP delivery among AGYW aged 16-25 years at two family planning clinics in Kisumu

Kisumu , Kenya



SITES:
JOOTRH-Public Hospital
KMET- Private Clinic



Consortium Partners

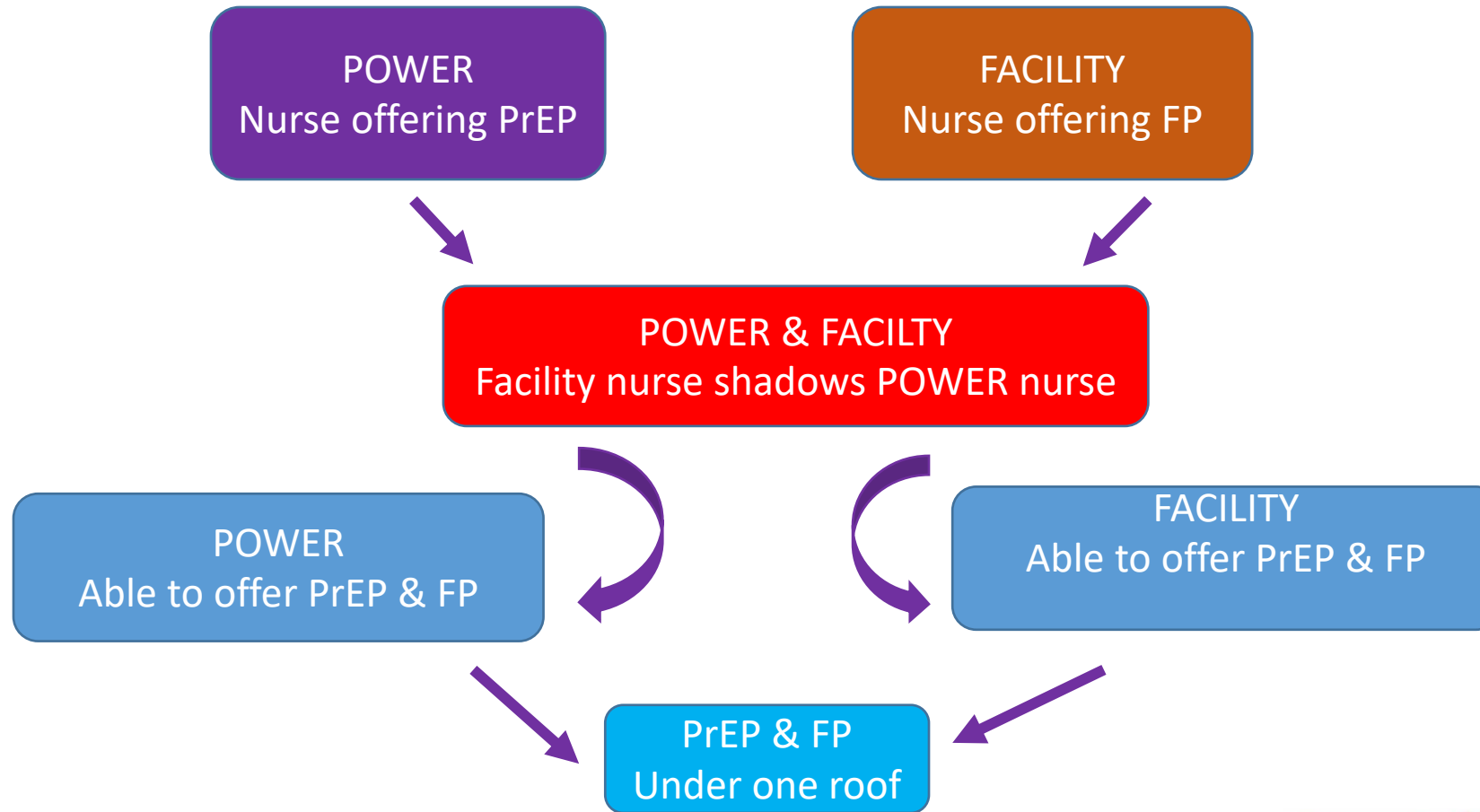


Process prior to introduction of PrEP...

- Engaged the MOH and KMET management teams for authorization
- CME and training of staff
- Trained the MCH/FP staff of PrEP
- Stationed three POWER staff to work together with KMET staff
- Back-up for each other



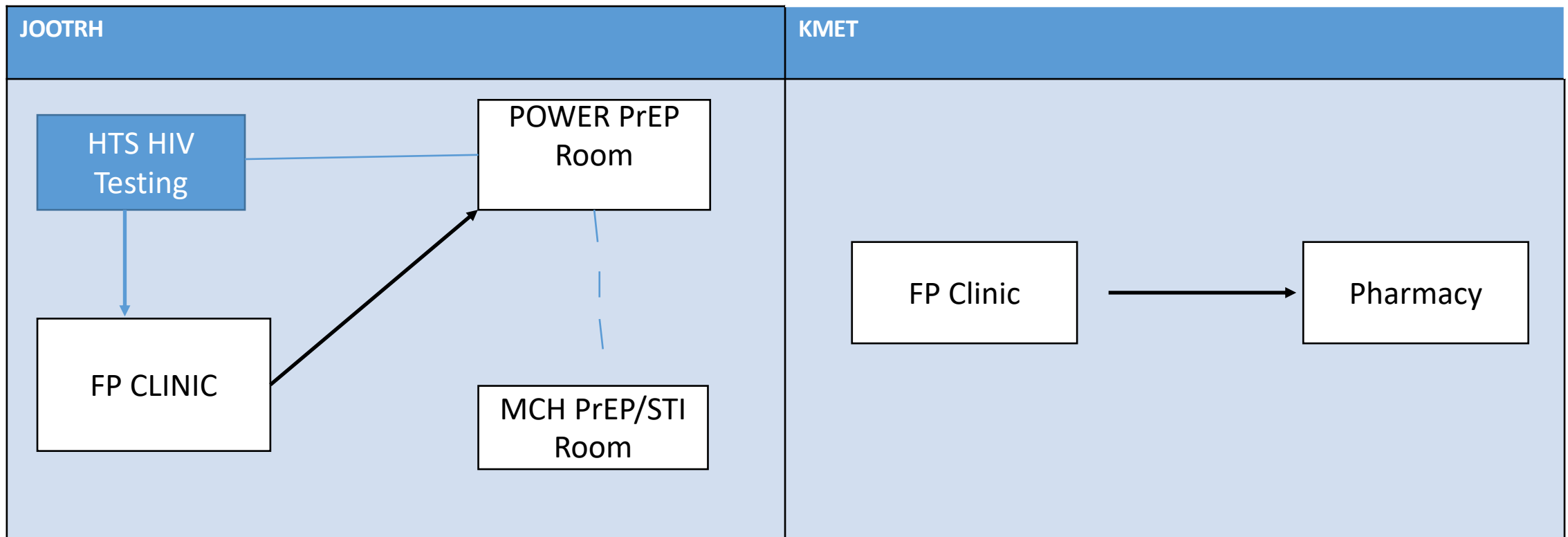
PrEP and Family Planning



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PrEP delivery points for JOOTRH's MCH Clinic & KMET



What we are doing...

- Created an annex room for PrEP assessment, counseling & dispensing
- Engaging PrEP partners (ICAP) and CAGs
- PrEP visit dates aligned with FP dates
- POWER Queens quarterly meetings



Pictorial



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PrEP & FP: What works

- Counselling messaging/information
- Morning health talks
- Management are involved and supportive
- HIV testing in a central place
- Nurses independently refer high risk AGYW to PrEP room
- KMET already receiving PrEP medication from MOH



PrEP and FP: Challenges

- Facility/Staff
 - Waiting time , inadequate space
 - Knowledge gap
 - Attitude/ Beliefs
 - Workload
- Participants
 - Myths and misconceptions
 - Contact/Mobility
 - Stigma



Lessons learnt

- AGYW want a one stop shop for HIV/FP services
- Youth friendly clinic
 - ✓ Flexible contacting hours
 - ✓ Contacting influences follow-up and retention - support from staff
 - ✓ Visit dates/follow up -flexibility and having non-judgemental providers
- Leadership involvement and support is key to success
- Importance of STI & HIV Self testing to potentially reduce on waiting time



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- Study staff
- JOOTRH & KMET facilities and management
- PrEP implementers
- Study Sponsors



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WHAT'S NEXT WITH THE LEARNING NETWORK

Learnings from Integrating oral HIV pre-exposure prophylaxis (PrEP) in a public family planning facility and youth center in Zimbabwe

OPTIONS – EpiC – RISE PrEP Learning Network

24 October, 2019

Presented by Getrude Ncube

Zimbabwe National HIV Prevention Coordinator

The authors have no conflicts of interest to declare.



Objectives

Facility Experience



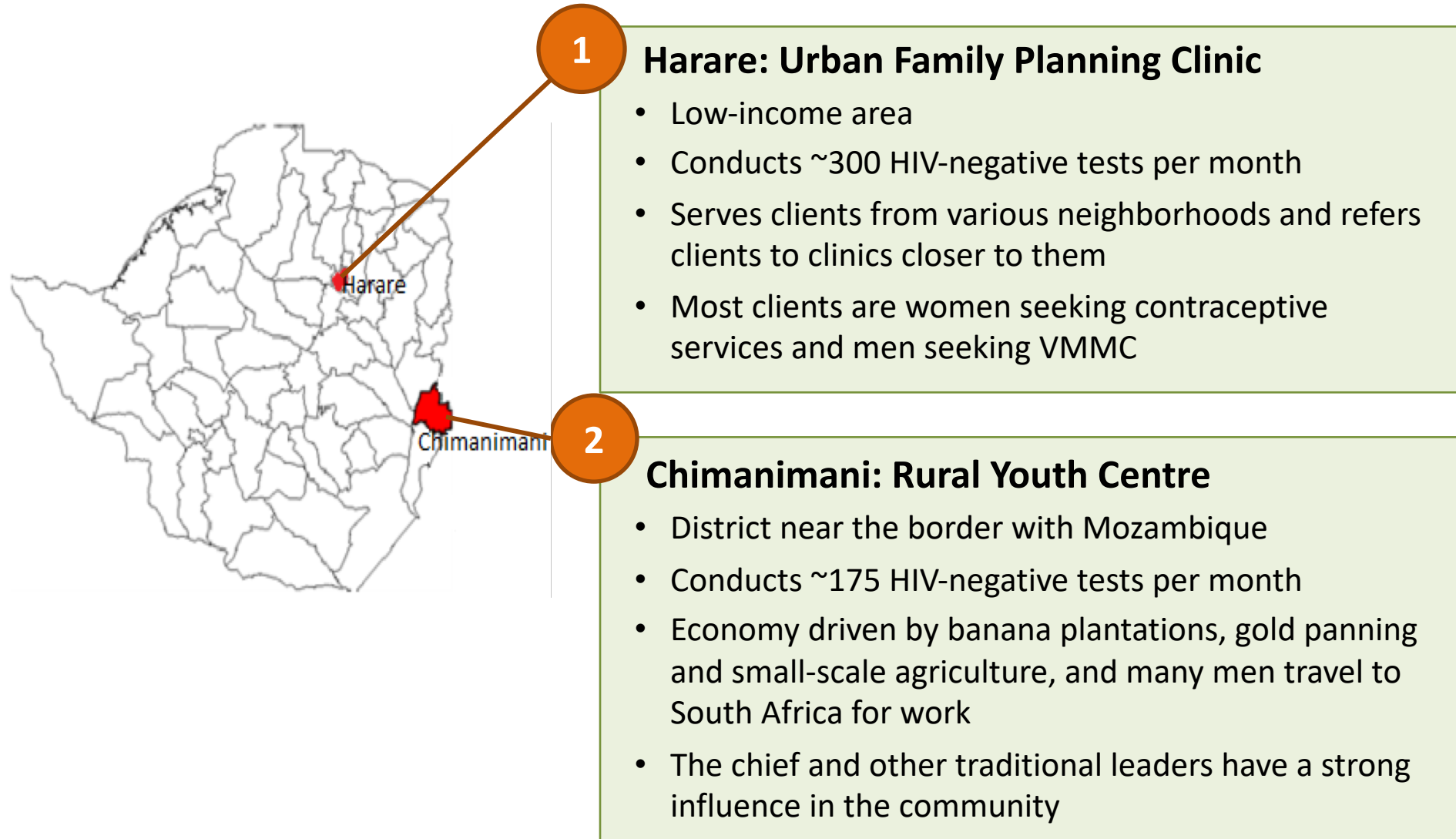
- Facility and location backgrounds
- Feasibility of integration in real world settings
- When Engaging Healthcare Workers

Program Experience

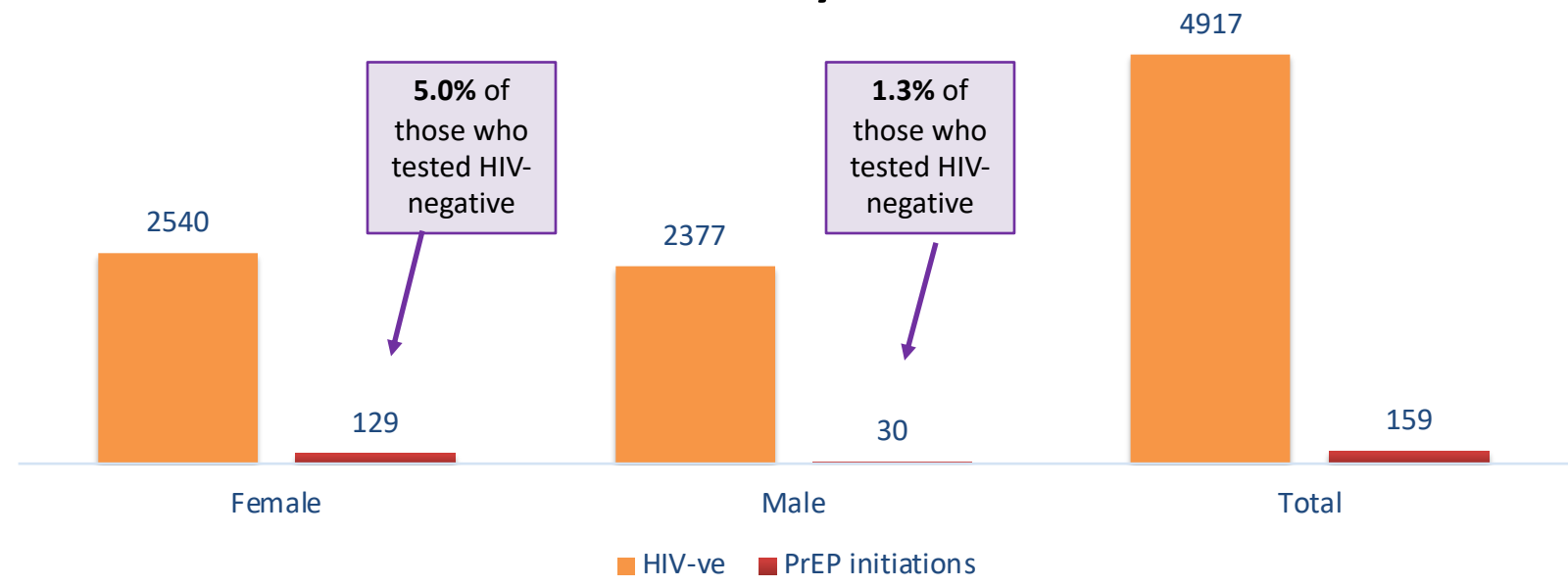


- Barriers encountered with integration,
- Effective strategies that can be used,
- Overall lessons learnt in integrating PrEP into family planning settings

Background | Zimbabwe's MOHCC, in collaboration with ZNPFC and CHAI offered PrEP at two pilot sites starting in Jan 2018



HIV Testing and PrEP Initiations by Gender Jan - May 2018



- 5% of all females testing negative between the two sites were initiated on PrEP as compared to only 1.3% of males.



Educating HCW's in understanding the benefits derived from tying PrEP with FP options for clients allows adherence to be improved from a clients side.

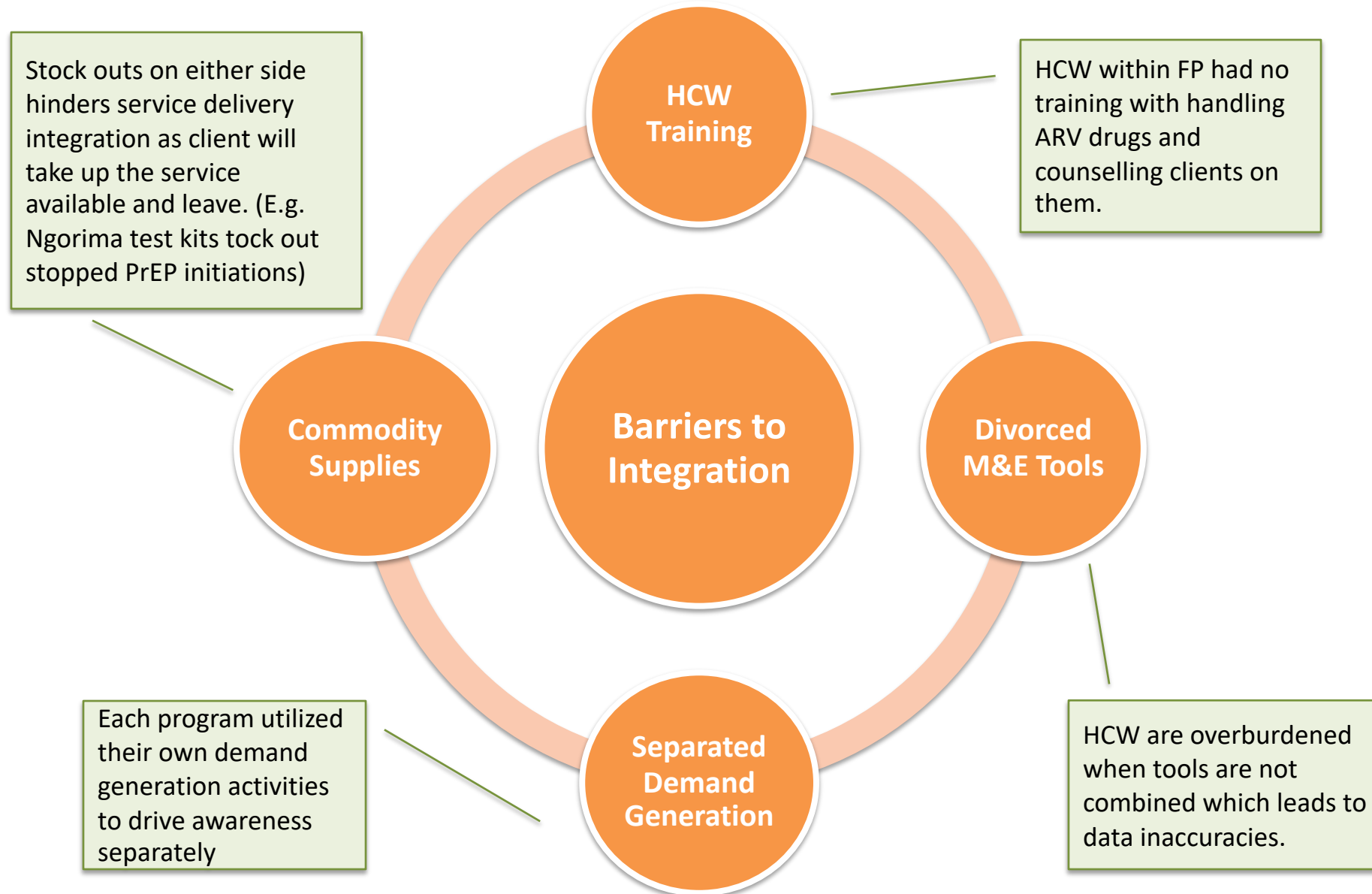


Providing much needed training in both HIV and FP to HCWs and facility staff helps facilitate integrated counselling for clients and identifying those at high risk of infection

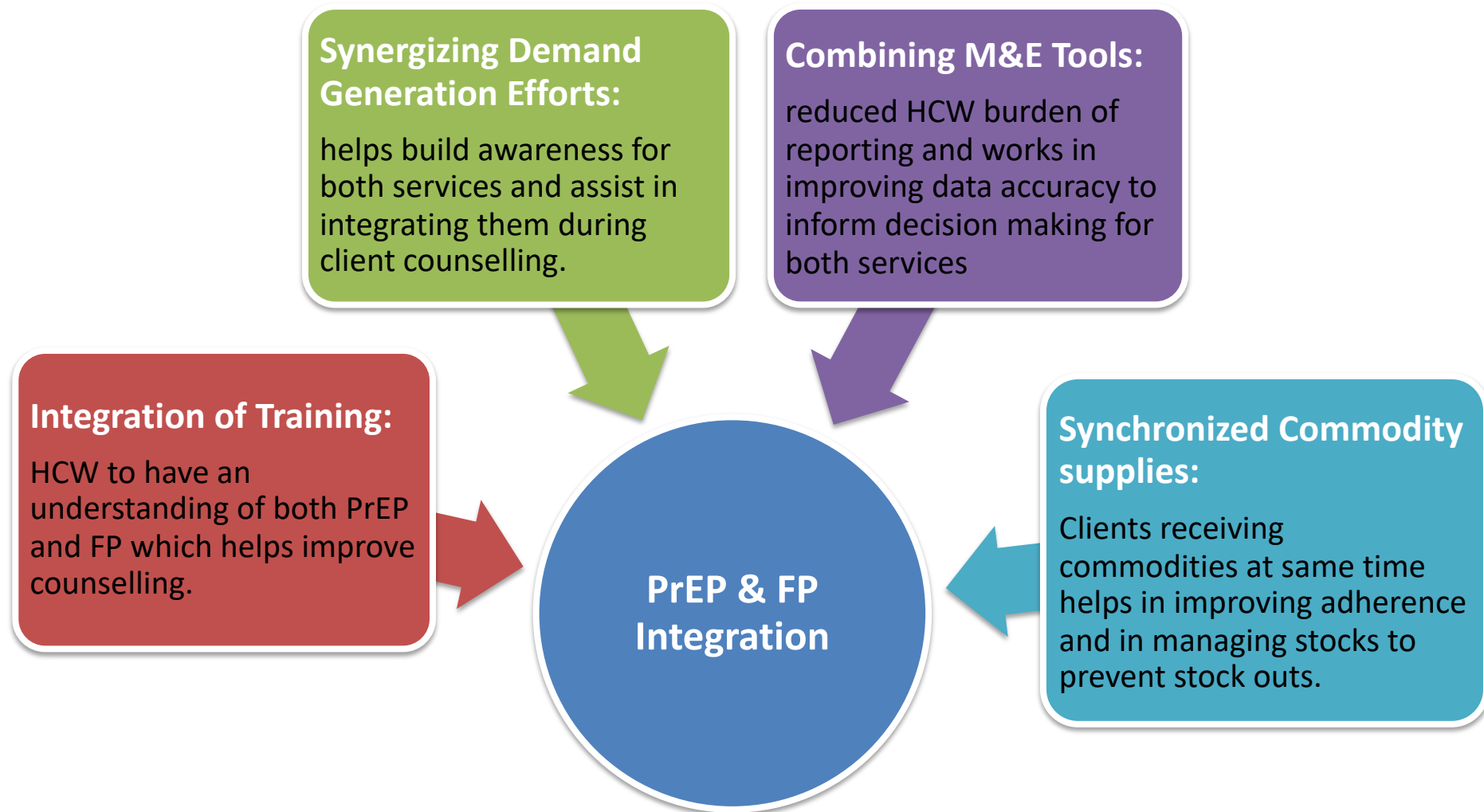


Minimizing documentation and or combining those required for PrEP and FP allows further integration of PrEP and lets HCW focus on the client.

Program Experiences | Barriers within Integration



Program Experiences | Strategies that may be used



Lessons Learnt and conclusions



Training HCW's on both PrEP and Family planning is important to ensure service delivery for the client by removing added time within referrals.



Having combined M&E tools allows performance of both to be measured at once and also solidifies the training received.



Allowing clients to acquire their FP commodities together with the PrEP commodities adds to improving adherence for some clients.



Having the HIV risk assessment tool utilized within client counselling of FP helped in identifying client at high risk and created opportunities to have PrEP counselling occur.

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Study participants for sharing their time and invaluable perspectives



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Q&A



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Upcoming sessions: Register today!

OCT
24

NOV
21

Up next:

**Target setting and
costing PrEP
implementation**

Upcoming Sessions

- **January 23rd:** Provider training
- **February 27th:** Continuation and Effective Use Interventions
- **March 26th:** PrEP for Pregnant and Breastfeeding Women
- **April 23rd:** Topics to be determined
- **May 28th:** Topics to be determined

Visit <https://www.prepwatch.org/virtual-learning-network> to register!



Regional PrEP workshop: Register today!

Visit <https://scaling-up-prep.eventbrite.com> to register!

Scaling Up PrEP: 2019 PrEP Learning Network Regional Workshop

- Hosted by: OPTIONS, EpiC, and RISE
- November 11–13, 2019
- Blantyre, Malawi (Sunbird Mount Soche Hotel)
- Meeting registration is free; participants are responsible for all of their own travel costs and travel arrangements

Day 1 (November 11) [OPTIONAL]

PrEP introductory sessions for participants in earlier stages of PrEP introduction

Day 2 (November 12)

Full convening launch and interactive discussion on common challenges for PrEP scale-up including: building community awareness of PrEP, supporting effective use and continuation on PrEP, strategic information and PrEP M&E, and integrating PrEP with other health services

Day 3 (November 13)

Full convening and interactive discussion on provider engagement and GBV; **Breakout sessions** on PrEP populations including AGYW, men who have sex with men (MSM), female sex workers (FSWs), pregnant/breastfeeding women and other key populations (KPs)



Go to PrEPWatch for additional resources

- Webinars will be **recorded** and loaded onto PrEPWatch for you to access at a later date
- **Additional resources** that are complementary will also be included on PrEPWatch—including related research articles, tools and more to dive deeper into specific topics
- Registration for **upcoming webinars** can also be found on PrEPWatch

Virtual Learning Network

The PrEP Learning Network, hosted by OPTIONS, EpiC and RISE, provides national and sub-national ministries, implementing partners, community-based organizations (CBOs), and others working with PrEP around the world with the tools and resources, best practices, and opportunities to learn from others to help to advance PrEP scale-up.

Its monthly webinar series features presentations from experts in specific content areas, lessons learned and insights shared from implementing partners and government ministries, and new tools or research on specific topics related to PrEP scale-up, ranging from demand creation to continuation.

The following pages include links to register for upcoming PrEP Learning Network webinars, watch previously recorded webinars and access complementary resources, research and tools on webinar topics.

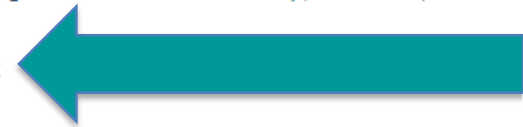
Webinars

■ PrEP Learning Network Launch Session

Thursday, August 22

During this first webinar session, implementing partners from three countries (Lesotho, Zimbabwe, and South Africa) will share their experiences with PrEP scale-up including current status of scale-up, successes, challenges encountered, and key insights learned.

[Recording](#) / [Slides](#) / [OPTIONS Tools and Resources](#) / [Resource Sheet](#)



Poll:

What did you think of today's session?





Thank you!



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