# Prep YOUR CLIENT FOR PROTECTION IN 5 EASY STEPS



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**Talk to your client** about the benefits and potential side effects of PrEP and why it may be a good option for HIV prevention. Advise your client that PrEP should be used in combination with a comprehensive HIV prevention strategy that includes safer sex practices such as:

- Correct and consistent condom use
- Regular HIV testing for themselves and their sexual partner
- Regular sexually transmitted infections (STI) screening and treatment
- Voluntary medical male circumcision (VMMC)



**If your client is interested** in PrEP, assess their eligibility in line with national guidelines.

Your client must be at substantial risk of HIV infection to be eligible for PrEP.

# **3** TEST FOR HIV

**Counsel your client** and then test for HIV. Ensure that you explain the window period to them.

#### Results

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If your client is HIV-negative and an eligible candidate for PrEP, then explain:

- How to take PrEP
- Potential side effects
- Adherence
- That it is essential to use condoms when starting to use PrEP (first seven days for men and 2I days for women) and that it is highly recommended to continue to use condoms along with a daily PrEP pill after this period.

If your client is HIV-positive, then:

- Explain test results and diagnosis
- Provide information on ART and its benefits
- Explain how to become virally suppressed
- Offer support with partner notification

Refer your client for immediate treatment

# 4 CONDUCT BASELINE SCREENING AND LABORATORY TESTS

Screen your client for STIs, Urinalysis, Hepatitis B, liver and kidney function.

#### Results

- STIs: if client has signs/symptoms of STIs, treat as per national guidelines, counsel on condom use, need for partner treatment, and on PrEP not being prevention for STIs.
- Urinalysis: Proteinuria >3+: TDF contraindicated.
   Refer to national guidelines.
- Hepatitis B reactive: Refer for comprehensive Hepatitis B treatment for life. Refer to national guidelines.
- Creatine clearance <60ml/min: defer PrEP and encourage other prevention measures including condom use. Refer to national guidelines.

## **5** PRESCRIBE PrEP

It is advisable to start your client on PrEP right away, that same day. Counsel your client on the importance of adherence. Provide him or her with a one month supply of PrEP. Schedule the next appointment.



## **REMEMBER!**

## COUNSEL THE CLIENT ABOUT THE EFFECTIVENESS OF COMBINATION PREVENTION.

### IF YOUR CLIENT TESTS HIV POSITIVE

#### **EXPLAIN:**

Test results and diagnosis
Information on ART and its benefits
How to become virally suppressed

Refer them for immediate treatment