# HIV Prevention Ambassador Training

FOR ADOLESCENT GIRLS AND YOUNG WOMEN

## About the training package

The HIV Prevention Ambassador

Training Package provides comprehensive information about HIV prevention for adolescent girls and young women (AGYW), with a focus on antiretroviral (ARV) pre-exposure prophylaxis (PrEP) methods.

This training prepares AGYW to play a meaningful role in their communities by teaching them to become ambassadors – in other words, to become educators, advocates, communicators, and supporters of HIV prevention in their communities.

### Who is the training for?

AGYW who are working towards the prevention of HIV in their communities, throughout Africa, and globally.

### What's the training approach?

A series of facilitator-led group sessions to train participants as HIV Prevention Ambassadors by exploring training topics and giving them the skills and confidence to engage with their peers about HIV prevention and inter-related topics.



### What topics are covered?

- Foundational sessions: Background information such as sexual and reproductive health and rights, human rights, gender-based violence, HIV and prevention options
- PrEP method sessions: Essential knowledge about PrEP methods, information to correct myths and stigma about PrEP methods, ways to explore combination prevention and informed decision making, how to support peers in deciding to use PrEP correctly and for as long as it is needed



 Skills-building sessions: A range of skill-building activities such as advocacy, awareness raising, peer support and self care





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## What's in the training package?

### **FACILITATOR PREPARATION**

- Advice for developing an ambassador program and choosing ambassadors
- Detailed background information on each training session topic to build facilitator knowledge
- Facilitation tips to prepare facilitators to implement the training package





#### TRAINING SESSIONS

 20 sessions to increase participant knowledge and skills through information sharing, open discussion, interactive activities, and action planning

### AMBASSADOR TOOLKIT

 Colorful handouts and worksheets in a booklet format that complement the session activities and that trained HIV Prevention Ambassadors can use to

conduct peer support, community discussions, and other activities

