

I choose to be supportive

"Every day she uses PrEP, she's taking care of both of us."

Follow us to find out if PrEP is right for you.

#PrEP. For you. For me.



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"One pill a day is all it takes to keep us on the right track. PrEP gives us peace of mind so we can focus on the big things"

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"She can use PrEP
and we can still
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PrEP

is a pill that when
taken every day
will help you stay
HIV negative

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Support your girl

if she chooses
to use PrEP



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What is PrEP?



PrEP stands for “pre-exposure prophylaxis.” PrEP is a small pill that helps HIV negative people stay HIV negative. PrEP can be taken at any time of day, with food or without food.



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How does PrEP work?

If you take PrEP daily, the presence of the medication in your blood and tissues can stop the virus from establishing itself in your body.



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Does PrEP really work?

Taking PrEP as directed lowers your risk of HIV by more than 90%.

How long does PrEP take to work?

It takes about 7 days for anal sex and 21 days for receptive vaginal sex for PrEP to achieve protection levels.



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